

# Mt.View Sanitary District

Residential Recycling & Waste Solutions

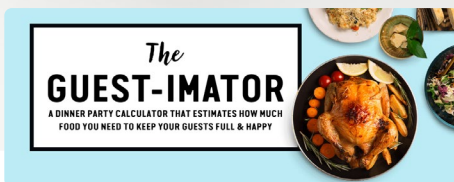


Sustainability in Action



## Green Gatherings: Tips for a Sustainable Holiday Season

The holidays are a wonderful time to gather with family and friends, but it can also lead to a significant amount of waste. Americans generate about 25% more waste during the holiday season, with much of it ending up in landfills. This year, consider incorporating some sustainable habits into your family's holiday traditions to reduce waste and have a joyful celebration.



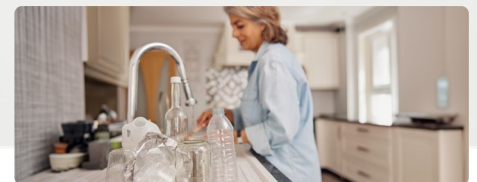
### Plan out your food

You can use the calculator at [SaveTheFood.com/guestimator](https://www.savethefood.com/guestimator) to help determine how much food to buy based on your number of guests. Even with planning, you can still end up with extra food, so encourage guests to bring reusable containers for leftovers. That way, everyone gets to enjoy a second helping, and nothing goes to waste.



### Compost your food scraps

Vegetable scraps, fruit peels, and other food scraps that can't be eaten can be composted at home, creating nutrient-rich soil for your garden. If you currently don't compost, check out the article below for tips and resources on how to get started!



### Reuse/recycle where you can

Swapping out disposable items for reusable ones, like cloth napkins and washable dishes, can significantly reduce the amount of waste you generate. Items such as beverage cans, bottles, and aluminum trays should also be recycled—remember to wipe or rinse out food residue as needed and allow them to dry before placing them in your recycle cart.

## From Scraps to Soil: Get Started with Home Composting!

Divert organic waste from your kitchen and yard by starting a compost pile at home! Composting can reduce your waste stream by up to 35%. This natural process transforms organic material into nutrient-rich soil, enhancing your garden and reducing landfill waste. Benefits include saving on garbage services, reducing greenhouse gas emissions, and improving soil health. Free home composting workshops are available in Contra Costa County; for more details, visit [CCCRecycle.org/194/Composting-and-Gardening-Programs](https://www.cccrecycle.org/194/Composting-and-Gardening-Programs)

Creating a backyard compost diverts organic waste from landfills and enriches your soil. You can build your own composting container or purchase one. For backyard composting tips, visit [StopWaste.org/preventing-waste/residents/backyard-composting](https://www.stopwaste.org/preventing-waste/residents/backyard-composting)

**No yard? No problem!** If you live in an apartment or have limited space, you can still compost with a worm bin. A pound of red worms can process 65 pounds of food scraps in three months. Worm bins are designed for fruit and vegetable scraps only and are easy to set up and maintain. For detailed instructions, visit [StopWaste.org/preventing-waste/residents/worm-composting](https://www.stopwaste.org/preventing-waste/residents/worm-composting)



# Landfill



# Recycle



# Compost



Empty, Clean, and Dry

BAGS: Compostable BPI (meets ASTM 6400 Standard) or Paper Bags; No Plastic Bags

- No Food
- No Paper
- No Green Waste
- No Recyclable Material
- No Hazardous Waste



- No Liquids
- No Textile
- No Carpet
- No Food
- No Green Waste
- No Hazardous Waste

Recyclables should be loose (no bags). Place household batteries and CFL's in baggies on top of recycle cart. Recycle motor oil in clear plastic containers with lid secured and drain oil filters and put in plastic bag, curbside.



- No Metal
- No Glass
- No Plastic
- No Hazardous Waste
- No Compostable Utensils Or Cups
- No Pet Waste

Organics should be loose (no bags) or in compostable or paper bags only. No plastic bags. A second green cart is available for an additional fee. Call Customer Service, 925.685.4711, to request one.



## Holiday Service Reminder

Wishing you a safe holiday! Please note that your Republic Services recycling and waste service will be affected by the upcoming holidays.

We observe Christmas Day and New Year's Day, which fall on Thursday, December 25th, 2025 and Thursday, January 1st, 2026 respectively. Thursday customers will be serviced on Friday, and Friday customers will be serviced on Saturday, December 27 and January 3, 2026.



## Shop Sustainably with Certified Green Businesses

Shopping for gifts this holiday season? Consider supporting environmentally conscious local businesses! You can find a map of businesses that are part of the Contra Costa County Green Business Program at [GreenBusinessCA.org/ContraCostaCounty](https://GreenBusinessCA.org/ContraCostaCounty) or visit [Search.GreenBusinessCA.org](https://Search.GreenBusinessCA.org) for the full statewide California Green Business Network list.

Call customer service to schedule a pickup.  
**925.685.4711**



en Español

Translations available



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